

The Indiana Commission to Combat Drug Abuse



Behavioral Health Division

Comprehensive Community Plan

County: Sullivan

LCC Name: Sullivan County Local Coordinating Council

LCC Contact: Terry Cohen

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County Commissioners: Robert Davis, Ray McCammon, John Waterman

Address: 100 Courthouse Square

City: Sullivan

Zip Code: 47882

Vision Statement

What is your Local Coordinating Council's vision statement?

The Sullivan County Local Coordinating Council strives to create an environment that promotes the health of every county citizen.

Mission Statement

What is your Local Coordinating Council's mission statement?

The mission of the Sullivan County Partners for a Drug Free Sullivan County shall be to reduce the incidence of substance abuse in Sullivan County through education, treatment, prevention, and coordination with other agencies.

Membership List

#	Name	Organization	Race	Gender	Category
1	Matt Hayes	Hamilton Center	Caucasian	Male	Treatment
2	Chritina Hall	South West School Corp	Caucasian	Female	Prevention
3	Jim Dotson	South West School Corp	Caucasian	Male	Justice
4	Rachel Reed	Chances and Services for Youth (CASY)	Caucasian	Female	Prevention
5	Peggy Poe	Ruth House	Caucasian	Female	Treatment
6	Kris Aniner	United Way	Caucasian	Female	Prevention
7	Jason Bobbitt	Sullivan Sheriff Dept	Caucasian	Male	Justice

LCC Meeting Schedule:

Please provide the months the LCC meets throughout the year:
January, March, May, August, October, November

Community Needs Assessment: Results

The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.

Community Profile

County Name: Sullivan
County Population: 20,690
Schools in the community: Dugger Union Community Schools Southwest School Corporation Northeast School Corporation RCA Charter School
Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.): Sullivan Community Hospital Sullivan Family Practice Lakeside Medical
Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.): Hamilton Center Christina Hall Counseling Services Murphy Urban Associates
Service agencies/organizations: CHANCES for Youth United Way Head Start/First Steps
Local media outlets that reach the community: Sullivan Daily Times
What are the substances that are most problematic in your community? Methamphetamine, Tobacco/vaping, prescription drugs, marijuana, alcohol

List all substance use/misuse services/activities/programs presently taking place in the community: Hamilton Center, counseling services and IOP. AA and NA meetings. Ruth's House for women's residential services. Probation, first offense education services.

Community Risk and Protective Factors

Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.

Risk Factors Examples: trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

Protective Factors Examples: strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.¹

Risk Factors	Resources/Assets	Limitations/Gaps
1. There is a perception of youth approval and acceptance of substance use by adults.	1. CHANCES tobacco prevention youth programming Catch My Breath anti vaping program. Big Brothers Big Sisters CHANCES program. 2. RISE in school programming prevention/education program. 3. Too Good for Drugs prevention programming by MHA.	1. Parental understanding of ramifications of substance use by youth. 2. Availability of organized after school programming and activities. 3. Transportation and funding relating to participation.
2. Limited recovery sources for ATOD recovery needs.	1. Hamilton Center counseling services. 2. Systems of Care coalition.	1. Linkage and communication with recovery services. 2. Availability of recovery services. 3. Rural transportation and location of recovery services.

	3. AA and NA meetings. Women's Residential Services, Ruth's House.	
3. Intergenerational substance abuse within families.	1. Hamilton Center and other substance abuse service providers. 2. School corporations with school supported substance use education. 3. Faith based organizations.	1. Poverty and transportation. 2. Family based trauma and experience. Stigma 3. Availability of awareness and information relating to substance abuse.
Protective Factors	Resources/Assets	Limitations/Gaps
1. Rural community connection.	1. School programming. 2. Faith based organizations. 3. CHANCES for Youth programming. VOICE Tobacco prevention activities.	1. Transportation and funding. 2. Availability of community based events and activities. 3. Community awareness/acceptance of consequences of substance abuse.
2. Positive family connection.	1. Faith based programs. 2. After and in school based programming. 3. Adult and family oriented awareness programming and information such as the In Plain Site and IYI sponsored learning events.	1. Limited adult oriented alternate activities. 2. Lack of awareness or interest in alternate activities. 3. Funding and transportation relating to awareness/education events and programs.
3. Multiple support service that address social needs.	1. Faith based organizations. 2. Parenting and child development social service agencies. 3. Mental health service providers.	1. Flexibility and availability of social support services. 2. Funding support, costs and transportation issues. 3. Lack of awareness or interests with social service providers.

Making A Community Action Plan

Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems. Identified problems are addressed over a three year period, where a full CCP is submitted to the Indiana Criminal Justice Institute (ICJI) April 1st of year 1, then two updates are submitted on April 1st of years 2 and 3.

Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements

Step 2: Ensure your problem statements are evidence-informed, then prioritize

Step 3: Brainstorm what can be done about each

Step 4: Prioritize your list, and develop SMART goal statements for each

Step 5: List the steps to achieve each goal

Step 1: Create + Categorize Problem Statements

Create problem statements as they relate to each of the identified risk factors.

Risk Factors	Problem Statement(s)
1. There is a perception of youth approval and acceptance of substance use by adults.	1. Youth in Sullivan County use substances that are illegal. These substances include, but are not limited to, alcohol, tobacco and vaping products and marijuana and prescription drugs. 2. Adults express an attitude of acceptance on the part of youth using substances in an illegal manner. 3. Adults underappreciate the ramifications of illegal substance use by youth.
2. Limited awareness and recovery sources for ATOD intervention, treatment and educational needs.	1. Education and awareness of substance abuse issues in Sullivan County is lacking. 2. Recovery, counseling, referral for treatment and education services for individuals with substance abuse issues are limited in Sullivan County. 3. There is a need to increase the communication between service organizations regarding referrals and opportunities to address needs.,

3. Intergenerational substance abuse within families.	<p>1. Adults and youth in Sullivan County abuse numerous types of substances including, but not limited to, alcohol, meth, prescription drugs, marijuana and tobacco/vaping products.</p> <p>2. Adults and youth underappreciate the ramifications of substance abuse.</p> <p>3. Poverty, transportation and accessibility contribute to substance abuse by youth and adults.</p>
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Step 2: Evidence-Informed Problem Statements

Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).

Problem Statements	Data That Establishes Problem	Data Source
1. Youth in Sullivan County use substances that are illegal. These substances include, but are not limited to, alcohol, tobacco and vaping products and marijuana.	<ul style="list-style-type: none"> Percentage of 12th grade Indiana Students, West Region, reporting monthly use of cigarettes is 9.7%, a decrease from the 15% in 2017. Percentage of 12th grade Indiana Students, West Region, reporting monthly use of marijuana is 18%, a decrease from the 12.3% during 2017. Percentage of 12th grade Indiana Students, West Region, reporting monthly use of alcohol is 29%, no change from the previous year. During 2019, 17 youth over the age of 15 were arrested for alcohol charges, 9 for meth possession, 22 for marijuana and 13 for possession of a controlled substance. Total number of youth, aged 4 – 17, diagnosed with a Substance Abuse Primary Diagnosis – 0. 	<p>Prevention Insights Indiana Youth Survey, West Region – 2019</p> <p>Indiana State Police Youth Arrest Records – Sullivan County, 2019</p>

	<ul style="list-style-type: none"> Alcohol Sales Compliance Failures – 1 out of a total of 17 checks during 2019. Tobacco Compliance Checks Failures – 3 out of 33 total checks during 2019. 	<p>Hamilton Center Primary Diagnosis Report – 2019</p> <p>Indiana State Excise Police, 2019</p>
2. Recovery, counseling and education services for individuals with substance abuse issues are limited in Sullivan County.	<ul style="list-style-type: none"> Total number of youth, aged 4 – 17, diagnosed with a Substance Abuse Primary Diagnosis – 0. Total number of adults aged 18 - 65, diagnosed with a Substance Abuse Primary Diagnosis – 35. 	Hamilton Center Primary Diagnosis Report - 2019
3. Adults and youth under appreciate the ramifications of substance abuse.	<ul style="list-style-type: none"> During 2019, 17 youth over the age of 15 were arrested for alcohol charges, 9 for meth possession, 22 for marijuana and 13 for possession of a controlled substance. During 2019, 61 adults were arrested for alcohol charges, 40 for meth possession, 26 for marijuana and 31 for possession of a controlled substance. TEDS information indicates the following: Out of 73 Treatment Episodes: 12 were for Marijuana Dependence , 33 for Meth Dependence, 10 for Opiod Dependence, and 14 for Alcohol Dependence. Estimated adult smoking rate in Vigo County was 24%. Indiana State estimated smoking rate was 16.1% 	<p>Indiana State Police County Arrest Records – 2019</p> <p>Treatment Episodic Data, Center for Health Policy, State of Indiana Epidemiological Report, 2019</p> <p>ISDH/TPC, 2019</p>

	<ul style="list-style-type: none"> Child Removals, due to Alcohol Abuse – total 72 and 7 due to Alcohol. 	Indiana Department of Child Services – 2019
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Step 3: Brainstorm

Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.

Problem Statements	What can be done (action)?
1. Youth in Sullivan County use substances that are illegal. These substances include, but are not limited to, alcohol, tobacco and vaping products and marijuana.	<p>1. Promote education and awareness programming that increases the communities awareness of the ramification of illegal substance use by youth.</p> <p>2. Address point of sales relating to the marketing of tobacco/vaping and alcohol products as this impacts both youth and adults.</p> <p>3. Support information and education services such as CASA, CHANCES and other youth serving agencies that address substance use.</p>
2. Recovery, counseling and education services for individuals with substance abuse issues are limited in Sullivan County.	<p>1. Support intervention and counseling initiatives with increased funding opportunities for these services.</p> <p>2. Support the provision events and increased community based awareness activities that address substance abuse.</p> <p>3. Increase and promote communication between referral sources and treatment providers.</p>
3. Adults and Youth underappreciate the ramifications of substance abuse.	<p>1. Address the need to support substance abuse programming that increases resistance skills for youth and adults.</p> <p>2. Support Justice and Law Enforcement equipment and training that address offenders who have alcohol and drug abuse as a primary or secondary reason for arrest.</p> <p>3. Support intervention and treatment initiatives that increase the availability of assessments, treatment, counseling support and after care services.</p>

Step 4: Develop SMART Goal Statements

For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.

Problem Statement #1: Youth in Sullivan County use substances that are illegal. These substances include, but are not limited to, alcohol, tobacco and vaping products and marijuana.
Goal 1: There will be an increase of 5% of substance abuse programming participation by youth that increases resistance skills towards substance use within the current year.
Goal 2: The percentage of 12 th graders reporting monthly use of marijuana, tobacco/vaping products and alcohol will decrease by 5% during the upcoming year.
Problem Statement #2: Recovery, counseling and education services for individuals with substance abuse issues are limited in Sullivan County.
Goal 1: The numbers of adults seeking treatment services for meth, marijuana, alcohol and opioid abuse will increase by 2% during the current year.
Goal 2: The LCC will increase, by 3 members, participation and attendance with treatment and education service providers during the current year.
Problem Statement #3: Adults and Youth underappreciate the ramifications of substance abuse.
Goal 1: Sullivan County will see a decrease of 2% the number of individuals arrested for alcohol, marijuana, meth and/or other drugs during the current year.
Goal 2: The number of individuals referred for treatment assessments and counseling services will increase by 5% during the current year.

Step 5: Plans to Achieve Goals

For each goal, list the steps required to achieve each

Problem Statement #1	Steps
Goal 1: There will be an increase of 5% of substance abuse programming participation by youth that increases resistance skills towards substance use.	1. Prevention: Support the development of additional substance use education and Prevention based programs. 2. Treatment: Support the provision of intervention activity that identifies youth at risk for substance use. 3. Justice: Support Justice and law enforcement with awareness campaigns

	and information relating to the ramifications of substance use by youth.
Goal 2: The percentage of 12 th graders reporting monthly use of marijuana, tobacco/vaping products and alcohol will decrease by 5% during the upcoming year.	<p>1. Prevention: Promote the use of the Youth Survey 2020 to help determine self reported substance use by youth.</p> <p>2. Treatment: Use self reported Youth substance use surveys when identifying support services for treatment services.</p> <p>3. Justice: Support Justice and Law Enforcement activities that address youth involved with illegal substance use.</p>
Problem Statement #2	Steps
Goal 1: The numbers of adults seeking treatment services for meth, marijuana, alcohol and opiod abuse will increase by 2% during the current year.	<p>1. Support the increased provision of treatment services for adults.</p> <p>2. Support the provision of increased substance abuse awareness and education activities.</p> <p>3. Fund Justice services that intervene with individuals who engage in illegal substance abuse.</p>
Goal 2: The LCC will increase, by 3 members, participation and attendance with treatment and education service providers during the current year.	<p>1. Identify community based prevention service providers for networking and funding supports through the LCC.</p> <p>2. Engage with the local Systems of Care as an allied coalition addressing substance abuse in Sullivan County</p> <p>3. Promote increased participation with the LCC on the part of the local school corporations that support after school and in school prevention/awareness programming.</p>
Problem Statement #3	Steps
Goal 1: Sullivan County will see a decrease of 2% the number of individuals arrested for alcohol, marijuana, meth and/or other drugs during the current year.	<p>1. Prevention: Support the provion of sbstance abuse education and awareness programming.</p>

	<p>2. Support Treatment providers with funding with assessments and counseling services for individuals in need of treatment.</p> <p>3.Track Justice information relating to specific drug use and arrests records.</p>
Goal 2: The number of individuals referred for treatment assessments and counseling services will increase by 5% during the current year.	<p>1. Support the interaction of schools and youth serving agencies with the referral and assessment process involved with treatment services.</p> <p>2. Support the interaction of Justice and Treatment providers with the referral and assessment process.</p> <p>3. Increase awareness campaigns and information available to the community that relates to the provision of treatment services.</p>

Fund Document

The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).

Funding Profile

Amount of funds deposited into the County Drug Free Community Fund from fees collected last year - \$17,773:		
Amount of unused funds that rolled over from the previous year- \$4,902:		
Total funds available for programs and administrative costs for the upcoming year - \$22,675:		
Amount of funds granted the year prior - \$13,773:		
How much money is received from the following entities (if no money is received, please enter \$0.00): \$0		
Substance Abuse and Mental Health Services Administration (SAMHSA): \$0		
Bureau of Justice Administration (BJA): \$0		
Office of National Drug Control Policy (ONDCP): \$0		
Indiana State Department of Health (ISDH): \$0		
Indiana Department of Education (DOE): \$0		
Indiana Division of Mental Health and Addiction (DMHA): \$0		
Indiana Family and Social Services Administration (FSSA): \$0		
Local entities: \$0		
Other: \$0		
Funding allotted to prevention/education; intervention/treatment; and criminal justice services and activities (\$100.00):		
Prevention/Education: \$6,225	Intervention/Treatment: \$6,225	Justice: \$6,225
Funding allotted to Administrative costs:		
<i>Itemized list of what is being funded</i>		<i>Amount (\$100.00)</i>
Coordinator Salary		\$4,000
Funding allotted by Goal per Problem Statement:		
Problem Statement #1	Problem Statement #2	Problem Statement #2
Goal 1: \$3,113	Goal 1: \$3,113	Goal 1: \$3,113
Goal 2: \$3,113	Goal 2: \$3,113	Goal 2: \$3,113